

# Lifestyle habits and oral cancer in Yemen

## Questionnaire

### Personal data:

Name: õ õ õ õ õ õ õ õ

Case No. õ õ õ ..

Date õ õ õ õ õ õ

Age õ õ õ ..

Gender: õ õ õ õ .

Occupation í í í í í í í í í í í

Education level õ õ õ õ õ .

Address: õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..

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### Information of qat

Chewers

Non-chewers

Duration of the habit in years :- \_\_\_\_\_

Frequency of the habit per week :- \_\_\_\_\_

Period of each session in hours :- \_\_\_\_\_

Other habits during chewing :- Yes \_ No \_  
If yes, which habit?

õ .

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### Information of cigarettes:-

Smoker

Non-smoker

With qat only

Duration of the habit in years :- \_\_\_\_\_

Number of cigarettes per day :- \_\_\_\_\_

**Information of water-pipe smokers(Shisha)**

Users  Non-users  With qat only

Duration of the habit in years :- \_\_\_\_\_

Frequency per day :- \_\_\_\_\_

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**Information of Snuffing (Shammah):-**

Users  Non-users

Duration of the habit in years:- \_\_\_\_\_

Frequency per day :- \_\_\_\_\_

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**Information of drinking alcohol :-**

Drinker  Non-Drinker

Duration of the habit in years:- \_\_\_\_\_

Frequency per day :- \_\_\_\_\_

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**Information of foods :-**

Eating Vegetables :- yes  no

Frequency :- daily  weekly  sometimes

Eating Fruits :- yes  no

Frequency :- daily  weekly  sometimes

Hot Drinking:- yes  no

Frequency :- daily  weekly  sometimes

Spicy foods :-      yes                       no

Frequency :-      daily       weekly       sometimes

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### **Oral hygiene data**

Sate of oral hygiene:      Good       Fair       Poor

Tooth brushing:      Users       Non-users

Type of brush and O.H, aids:      Miswak       Toothbrush and paste

Frequency per day:      Once       Twice       sometimes

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