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The Brunei International Medical Journal (BIMJ) is a six-monthly peer-reviewed official publication of the Ministry of Health under the auspices of the Clinical Research Unit, Ministry of Health, Brunei Darussalam.

The BIMJ publishes articles ranging from original research papers, review articles, medical practice papers, special reports, audits, case reports, images of interest, education and technical/innovation papers, editorials, commentaries, and letters to the Editor. Topics of interest include all subjects that relate to clinical practice and research in all branches of medicine, basic and clinical including topics related to allied health care fields. The BIMJ welcomes manuscripts from contributors but usually solicits review articles and special reports. Proposals for review papers can be sent to the Managing Editor directly. Please refer to the contact information of the Editorial Office.

INSTRUCTION TO AUTHORS

Manuscript submissions

All manuscripts should be sent to the Managing Editor, BIMJ, Ministry of Health, Brunei Darussalam; e-mail: bimjonline@gmail.com. Subsequent correspondence between the BIMJ and authors will, as far as possible be conducted via email quoting the reference number.

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Ethics

Ethical considerations will be taken into account in the assessment of papers that have experimental investigations of human or animal subjects. Authors should state clearly in the Materials and Methods section of the manuscript that the institutional review board has approved the project. Those investigators without such review boards should ensure that the principles outlined in the Declaration of Helsinki have been followed.

MANUSCRIPT CATEGORIES

Original articles

These include controlled trials, interventional studies, studies of screening and diagnostic tests, outcome studies, cost-effectiveness analyses, and large-scale epidemiological studies. The manuscript should include the following; introduction, materials and methods, results, and conclusion. The objective should be stated clearly in the introduction. The text should not exceed 2500 words and references not more than 30.

Review articles

These are, in general, invited papers, but unsolicited reviews, if of good quality, may be considered. Reviews are systematic critical assessments of literature and data sources on clinical topics, emphasising factors such as cause, diagnosis, prognosis,

therapy, or prevention. Reviews should be made relevant to our local setting and preferably supported by local data. The text should not exceed 3000 words and references not more than 40.

Special Reports

This section usually consists of invited reports that have a significant impact on healthcare practice and usually cover disease outbreaks, management guidelines, or policy statement papers.

Audits

Audits of relevant topics generally follow the same format as the original article and the text should not exceed 1,500 words and references not more than 20.

Case reports

Case reports should highlight interesting rare cases or provide good learning points. The text should not exceed 1000 words; the number of tables, figures, or both should not be more than two, and references should not be more than 15.

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This section includes papers (i.e. how to interpret ECG or chest radiography) with the particular aim of broadening knowledge or serving as revision materials. Papers will usually be invited but well-written papers on relevant topics may be accepted. The text should not exceed 1500 words and should include not more than 15 figures illustrations and references should not be more than 15.

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This section includes papers looking at novel or new techniques that have been developed or introduced to the local setting. The text should not exceed 1000 words and should include not more than 10 figures illustrations and references should not be more than 10.

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Letters discussing a recent article published in the BIMJ are welcome and should be sent to the Editorial Office by e-mail. The text should not exceed 250 words; have no more than one figure or table, and five references.

Criteria for manuscripts

Manuscripts submitted to the BIMJ should meet the following criteria: the content is original; the writing is clear; the study methods are appropriate; the data are valid; the conclusions are reasonable and supported by the data; the information is important; and the topic has a general medical interest. Manuscripts will be accepted only if both their contents and style meet the standards required by the BIMJ.

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Acknowledgments

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Amit Kumar C JAIN, Apoorva HC



Figure 1

A 39-year-old male patient presented with a history of pain and swelling over the left side of the scrotum for the past 6 years. He reported a recent increase in size and pain. The pain was more in the evening and on standing long and used to decrease on resting. He was non-diabetic and had no other complaints. On examination, there was swelling on the left side of the scrotum (Panel) which was well visible above the left testis and extended from the root of the left scrotum. It felt like a bag of worms and there was a thrill when the patient was asked to cough. It had no expansile cough impulse. Abdomen examination was normal.

What is the diagnosis?

Answer: refer to [page 57](#)

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DISCLOSURE: There is no conflict of interest or financial support and consent was taken from the patient.